

**York School District One Health and Safety Education**  
**SC Code of Laws Title 59-32 Comprehensive Health Education Program**

<b>Grade</b>	<b>Time Req.</b>	<b>Who May Teach</b>	<b>What to Teach</b>	<b>Teaching Guidance</b>
<b>Pre-K</b>			Sexual abuse and assault awareness and prevention (Erin's Law)	
<b>K-5</b>	2700 minutes or 45 hours per year	Teachers with at least one of the following certifications: Elementary, Health, Middle-Level Science, Physical Education, General Science,* Health and Physical Education*  (*Certificate area, though no longer issued, is acceptable so long as the educator's credential has a current validity period.)  May be taught as separate units or as integrated, interdisciplinary units.	Comprehensive Health Topics <ul style="list-style-type: none"> <li>• community health</li> <li>• consumer health</li> <li>• environmental health</li> <li>• growth and development</li> <li>• nutritional health</li> <li>• personal health</li> <li>• prevention and control of diseases and disorders</li> <li>• safety and accident prevention</li> <li>• substance use and abuse</li> <li>• dental health</li> <li>• mental and emotional health</li> <li>• sexual abuse and assault awareness and prevention</li> </ul>	
<b>6-8</b>	6 <sup>th</sup> Grade: 2700 minutes or 45 hours per year  Grades 7-8: 2,250 minutes or 37.5 hours per year	Grade 6: Teachers with at least one of the following certifications: Elementary, Health, Middle-Level Science, Physical Education, General Science,* Health and Physical Education*  (*Certificate area, though no longer issued, is acceptable so long as the educator's credential has a current validity period.)  May be taught as separate units or as integrated, interdisciplinary units.	Comprehensive Health <ul style="list-style-type: none"> <li>• community health</li> <li>• consumer health</li> <li>• environmental health</li> <li>• growth and development</li> <li>• nutritional health</li> <li>• personal health</li> <li>• prevention and control of diseases and disorders</li> <li>• safety and accident prevention</li> <li>• substance use and abuse</li> <li>• dental health</li> <li>• mental and emotional health</li> <li>• Domestic Violence</li> <li>• sexual abuse and assault awareness and prevention</li> </ul>	Reproductive Health: Do NOT distribute contraceptive devices/meds.  Do NOT discuss alternate sexual lifestyles from heterosexual relationships including, but not limited to, homosexual relationships except in the context of instruction concerning sexually transmitted diseases.  Use only films, pictures, or diagrams designed solely for the purpose of explaining bodily functions or the human reproduction process; they should not include actual or simulated portrayals of sexual activities or sexual intercourse.  Cannot speak on abortion except to in reference to the complications which may develop from all types of abortions. Nor can you offer programs, instruction, or activities including abortion counseling, information

		<p>Grades 7-8: Teachers certified in one of the following: Health, Middle-Level Science, Physical Education, Health Science Technology with minimum bachelor's degree in a health-related field (industry certification preferred), General Science,* Health and Physical Education.*</p> <p>(*Certificate area, though no longer issued, is acceptable so long as the educator's credential has a current validity period.)</p>	<p>Reproductive Health: Note: Separate males and females for pregnancy prevention unit</p> <ul style="list-style-type: none"> <li>sexually transmitted diseases</li> <li>human physiology</li> <li>prenatal care and development</li> <li>childbirth</li> <li>postnatal care</li> <li>peer pressure</li> <li>abstinence and risks associated with sexual activity outside of marriage</li> <li>methods of contraception—risks and benefits of each</li> <li>Adoption as positive alternative</li> <li>Sexual abuse and assault awareness and prevention</li> <li>Laws of this State relating to the sexual conduct of minors, including criminal sexual conduct.</li> </ul>	<p>about abortion services, or assist in obtaining abortion, and materials.</p> <p>School principal must notify parents in a timely manner of the reproductive health unit/course and allow them to opt their child out of it. Parents may preview the materials. If a parent provides a statement stating that participation by the student in the health education program conflicts with the family's beliefs, the student shall be exempt from any portion or all of the units on reproductive health, family life, and pregnancy prevention where any conflicts occur. Student must not be penalized or embarrassed as a result of this exemption.</p>
9-12	750 minutes or 12.5 hours of Reproductive Health	<p>Teachers certified in one of the following: Health, Physical Education, Health Science Technology with minimum bachelor's degree in a health-related field (industry certification preferred), General Science,* Health and Physical Education*</p> <p>(*Certificate area, though no longer issued, is acceptable so long as the educator's credential has a current validity period.)</p>	<p>Comprehensive Health</p> <ul style="list-style-type: none"> <li>community health</li> <li>consumer health</li> <li>environmental health</li> <li>growth and development</li> <li>nutritional health</li> <li>personal health</li> <li>prevention and control of diseases and disorders</li> <li>safety and accident prevention</li> <li>substance use and abuse</li> <li>dental health</li> <li>mental and emotional health</li> <li>Domestic Violence</li> <li>sexual abuse and assault awareness and prevention</li> </ul> <p>Reproductive Health: Note: Separate males and females for pregnancy prevention unit</p> <ul style="list-style-type: none"> <li>sexually transmitted diseases</li> </ul>	<p>Reproductive Health: Do NOT distribute contraceptive devices/meds.</p> <p>Do NOT discuss alternate sexual lifestyles from heterosexual relationships including, but not limited to, homosexual relationships except in the context of instruction concerning sexually transmitted diseases.</p> <p>Use only films, pictures, or diagrams designed solely for the purpose of explaining bodily functions or the human reproduction process; they should not include actual or simulated portrayals of sexual activities or sexual intercourse.</p> <p>Cannot speak on abortion except to in reference to the complications which may develop from all types of abortions. Nor can you offer programs, instruction, or activities including abortion counseling, information about abortion services, or assist in obtaining abortion, and materials.</p>

			<ul style="list-style-type: none"> <li>• human physiology</li> <li>• prenatal care and development</li> <li>• childbirth</li> <li>• postnatal care</li> <li>• peer pressure</li> <li>• abstinence and risks associated with sexual activity outside of marriage</li> <li>• methods of contraception—risks and benefits of each</li> <li>• Adoption as positive alternative</li> <li>• Sexual abuse and assault awareness and prevention</li> <li>• Laws of this State relating to the sexual conduct of minors, including criminal sexual conduct.</li> </ul>	<p>School principal must notify parents in a timely manner of the reproductive health unit/course and allow them to opt their child out of it. Parents may preview the materials. If a parent provides a statement stating that participation by the student in the health education program conflicts with the family's beliefs, the student shall be exempt from any portion or all of the units on reproductive health, family life, and pregnancy prevention where any conflicts occur. Student must not be penalized or embarrassed as a result of this exemption.</p>
--	--	--	---	---

<b>Grade Range</b>	<b>York 1</b>
<b>Elementary</b>	<p><i>Textbook:</i></p> <p><u>Harcourt Health and Fitness</u>, Harcourt School Publisher, 2006  <a href="http://www.harcourtschool.com/">http://www.harcourtschool.com/</a></p> <p><i>Resources:</i>  American Heart Association  <a href="http://www.heart.org/HEARTORG/">http://www.heart.org/HEARTORG/</a></p> <p><i>Erin's Law:</i>  <a href="http://ed.sc.gov/instruction/standards-learning/health-education/health-and-physical-education-support-documents-and-resources/">http://ed.sc.gov/instruction/standards-learning/health-education/health-and-physical-education-support-documents-and-resources/</a></p> <p><a href="http://www.erinslaw.org">www.erinslaw.org</a></p>
<b>Intermediate</b>	<p><i>Textbook:</i></p> <p><u>Harcourt Health and Fitness</u>, Harcourt School Publisher  <a href="http://www.harcourtschool.com/">http://www.harcourtschool.com/</a></p> <p><u>Decisions for Health and Accompanying Workbooks</u>, Holt, Rinehart and Winston © 2007 6th graders (Green level)</p> <p><i>Resources:</i></p> <p><i>We're Just Talking—For Boys and Girls, Grade 5-8</i>, Marsh Media DVD</p> <p><i>Worth the Wait</i>, Scott &amp; White Wellness and Sexual Health Program, Baylor, Scott &amp; White Health, Central Texas</p> <p><input type="checkbox"/> Topics include:</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Essential Human Needs</li> <li><input type="checkbox"/> Parental Responsibilities</li> <li><input type="checkbox"/> Puberty, Anatomy and Pregnancy</li> <li><input type="checkbox"/> Sexually Transmitted Diseases</li> <li><input type="checkbox"/> Sex and the Law</li> <li><input type="checkbox"/> Developing Communications Styles and Refusal Skills</li> <li><input type="checkbox"/> Healthy Relationships</li> </ul>

	<ul style="list-style-type: none"> <li><input type="checkbox"/> Health Risk Behaviors</li> <li><input type="checkbox"/> Contraception (8<sup>th</sup> grade only)</li> <li><input type="checkbox"/> Career Goals</li> </ul> <p><i>Erin's Law:</i></p> <p><a href="http://ed.sc.gov/instruction/standards-learning/health-education/health-and-physical-education-support-documents-and-resources/">http://ed.sc.gov/instruction/standards-learning/health-education/health-and-physical-education-support-documents-and-resources/</a></p> <p><a href="http://www.erinslaw.org">www.erinslaw.org</a></p>
<p><b>Middle</b></p>	<p><i>Textbook:</i>  <u>Decisions for Health</u> and Accompanying Workbooks, Holt, Rinehart and Winston © 2007 -- 8th graders (Blue level), 7th graders (Red level)</p> <p><b>Sex Education:</b>  Instructors Beth Matthews, RN and Female PE Teacher</p> <ul style="list-style-type: none"> <li>- Sexually transmitted diseases, transmission, signs/symptoms, treatment, and occurrence rates in South Carolina</li> <li>-BASIC female anatomy and BASIC male anatomy</li> <li>- Abstinence</li> </ul> <p><i>Worth the Wait</i>, Scott &amp; White Wellness and Sexual Health Program, Baylor, Scott &amp; White Health, Central Texas</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Topics include: <ul style="list-style-type: none"> <li><input type="checkbox"/> Essential Human Needs</li> <li><input type="checkbox"/> Parental Responsibilities</li> <li><input type="checkbox"/> Puberty, Anatomy and Pregnancy</li> <li><input type="checkbox"/> Sexually Transmitted Diseases</li> <li><input type="checkbox"/> Sex and the Law</li> <li><input type="checkbox"/> Developing Communications Styles and Refusal Skills</li> <li><input type="checkbox"/> Healthy Relationships</li> <li><input type="checkbox"/> Health Risk Behaviors</li> <li><input type="checkbox"/> Contraception (8<sup>th</sup> grade only)</li> <li><input type="checkbox"/> Career Goals</li> </ul> </li> </ul>

	<p><i>Resources:</i> Sexual Harassment/Healthy Boundaries (Sexual Trauma Services)</p> <p><i>Erin's Law:</i> <a href="http://ed.sc.gov/instruction/standards-learning/health-education/health-and-physical-education-support-documents-and-resources/">http://ed.sc.gov/instruction/standards-learning/health-education/health-and-physical-education-support-documents-and-resources/</a></p> <p><a href="http://www.erinslaw.org">www.erinslaw.org</a></p>
<p><b>High</b></p>	<p><i>Textbook:</i> <u>Sexuality and Responsibility - Lifetime Health</u> – Holt, Rinehart and Winston</p> <p><u>Personal Fitness – Looking Good-Feeling good</u> Kendall/Hunt Publishing</p> <p>Raising the Standard – Heritage Keepers</p> <p><i>Resources:</i></p> <p>Worth the Wait – Scott &amp; White</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Topics include: <ul style="list-style-type: none"> <li><input type="checkbox"/> Essential Human Needs</li> <li><input type="checkbox"/> Parental Responsibilities</li> <li><input type="checkbox"/> Puberty, Anatomy and Pregnancy</li> <li><input type="checkbox"/> Sexually Transmitted Diseases</li> <li><input type="checkbox"/> Sex and the Law</li> <li><input type="checkbox"/> Developing Communications Styles and Refusal Skills</li> <li><input type="checkbox"/> Healthy Relationships</li> <li><input type="checkbox"/> Health Risk Behaviors</li> <li><input type="checkbox"/> Contraception (8<sup>th</sup> grade only)</li> <li><input type="checkbox"/> Career Goals</li> </ul> </li> </ul> <p>“Considering Your Options” – World Placement Video</p>