



Dear Parents or Guardians,

We are excited to have all our students back in the classroom and returning to a “normal” school year. We want to update you on the newest COVID guidance. This year, York School District One will follow the SC DHEC School Exclusion List guidance for COVID and all other listed illnesses.

We would like to encourage parents to keep their children home if they are ill. If your child does test positive for COVID with a home test, please complete the attestation form on each school’s website located under the **For Parents** tab, then **Nurse** tab. This will go directly to your school’s nurse. You may then contact your nurse for isolation guidance.

In order to maintain the healthiest environment possible, we encourage you to:

- Keep your child home if they are feeling ill or have symptoms of COVID-19 or the flu.
 - **Both COVID-19 and flu** can have varying degrees of symptoms, ranging from no symptoms (asymptomatic) to severe symptoms. Common symptoms that COVID-19 and flu share include:
 - Fever or feeling feverish/having chills
 - Cough
 - Shortness of breath or difficulty breathing
 - Fatigue (tiredness)
 - Sore throat
 - Runny or stuffy nose
 - Muscle pain or body aches
 - Headache
 - Vomiting
 - Diarrhea
 - Change in or loss of taste or smell, although this is more frequent with COVID-19.
- Notify your school nurse if your child tests positive for COVID or influenza
- Avoid close contact (3-6 feet) with ill persons
- Keep your child separate from other family members who may be at risk of severe illness as much as possible. This includes those who are elderly and those with health conditions such as diabetes or diseases of the heart, lungs, kidneys, and immune system.
- Help your child practice good hand hygiene, remind them to cover coughs and sneezes, and clean frequently touched surfaces often.

We will monitor all cases reported and ensure we follow DHEC reporting guidelines. We will also continue to clean and disinfect frequently touched surfaces to decrease spread.

Thank you for helping us keep our schools healthy and safe.

Exclusion List Link: <http://scdhec.gov/sites/default/files/Library/CR-010752.pdf>